

## ARCHIVES



### NI ON BUSINESS

#### Issue

#### Behind The Golden Door

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The Naples Grande Resort & Club has opened the first East Coast location of the renowned Golden Door Spa.

Established in 1958 in California, the Golden Door Spa was inspired by the ancient *honjin* inns of Japan, which were places for nobles to rest and lodge.

The Naples Grande version is a 16,000 square foot, indoor-outdoor spa, "village," comprised of four linked pavilions designed with traditional Japanese elements and tranquil gardens. Outdoor amenities include sauna and steam chambers, rain showers, and the signature Golden Door meditation labyrinth.

Robert Vance, director of spa and recreation for the Naples Grande, says that a third of the spa's offerings are unique to the Naples location, and include indigenous ingredients and elements. The Scents of Harmony, for example, includes exfoliation, massage, and body wrap with local products, like raw poppy seeds, honey, and eucalyptus to "touch each sense in some way." Besides incorporating local ingredients, the spa's design is geared especially to Naples, reflecting the beach, sky, and open air.

In addition to a wide choice of facials, massages, body treatments, and hair and nails services the spa's serenity-inducing enticements include outdoor sun decks and meditation lounges quipped with Zen-inspired chaises and individual iPods to program personal music selections, fresh-fruit infusions, and high-energy potassium broths.

As a spa dedicated to total wellness, the facility also plans a high-performance fitness center with the latest cardiovascular and strength-training systems.

The spa is available to guests, club members, and local residents. Call 239-597-3232, or visit [naplesgranderesort.com](http://naplesgranderesort.com) for more information.

